

**The European Union's Civil Society and Local Authorities Thematic Programme**

# **Siaya Maternal and Child Nutrition *Nawiri* Project**

**CSO-LA/2015/368-296**

## **FINAL NARRATIVE REPORT**

### **REPORTING PERIOD**

**1<sup>st</sup> MAY 2016 TO 30<sup>TH</sup> APRIL 2019**



**Project funded by the  
European Union**



Project implemented by CARE, FHOK and KMET

**ANNEX VI**  
**FINAL NARRATIVE REPORT**

- This report must be completed and signed by the Contact person of the Coordinator.
- The information provided below must correspond to the financial information that appears in the financial report.
- Please complete the report using a typewriter or computer (*you can find this form at the following address <Specify>*).
- Please expand the paragraphs as necessary.
- *Please refer to the Special Conditions of your grant contract and send one copy of the report to each address mentioned.*
- The Contracting Authority will reject any incomplete or badly completed reports.
- The answer to all questions must cover the reporting period as specified in point 1.6.
- Please do not forget to attach to this report the proof of the transfers of ownership referred to in Article 7.5 of the General Conditions

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**List of acronyms used in the report**


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ADA	Austrian Development Agency
ANC	Antenatal Care
ARV	Anti-retroviral
CARE	Cooperative for Assistance and Relief Everywhere
CAUT	CARE Austria
CBO	Community Based Organization
CHA	Community Health Assistant
CHMT	County Health Management Committee
CHVs	Community Health Volunteers
CHW	Community Health Workers
CME	Continuous Medical Education
CNAP	Country Nutrition Action Plan
CQI	Continuous Quality Improvement
CsC	Community Scorecard
CSO	Civil Society Organisation
CU	Community Unit
DDIU	Data Demand and Information Use
DHIS	District Health Information System
DQA	Data Quality Audit
ECD	Early Childhood Development
EPI	Expanded Programme on Immunization
EU	European Union
FBF	Fortified Blended Flours
FGD	Focus Group Discussion
FHOK	Family Health Options Kenya
FP	Family Planning
FM	Frequency Modulation
HCW	Health Care Workers
HiNi	High Impact Nutrition Interventions
HIV	Human Immunodeficiency Virus
ICN	International Conference on Nutrition
IFMIS	Integrated Financial Management Information System
KCDI	Kenya Curriculum Development Institute

KII	Key Informant Interview
KIFHP	Kisumu Integrated Family Health Project
KMET	Kisumu Medical and Education Trust
KMTC	Kenya Medical Training College
M&E	Monitoring and Evaluation
MCA	Member of County Assembly
MCH	Maternal and Child Health
MIYCN	Maternal, Infant and Young Child Nutrition
MNCH	Maternal, Newborn and Child Health
MoH	Ministry of Health
MOH	Medical Officers Health
MoU	Memorandum of Understanding
MUAC	Mid-Upper Arm Circumference
NGOs	Non-Governmental Organizations
PET	Participatory Edutainment Theatre
RHC	Reproductive Health Coordinators
RUTF	Ready to Use Therapeutic Feeds
SAA	Social Analysis and Action
SCHMT	Sub County Health Management Team
SMOH	Sub-County Medical Officer of Health
SOP	Standard Operating Procedure
SUN	Scaling Up Nutrition
TA	Technical Assistant
ToT	Training of Trainers
TWG	Technical Working Group
U5	Children under 5
UN	United Nations
WRA	Women of Reproductive Age

## 1. Description

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- 1.1. Name of Coordinator of the Grant contract: **CARE Austria**
- 1.2. Name and title of the Contact Person: **Claire Laurent, Programme Officer**
- 1.3. Name of Beneficiary(ies) and affiliated entity(ies) in the Action: **Family Health Options Kenya (FHOK) and Kisumu Medical and Education Trust (KMET)**
- 1.4. Title of the Action: **Siaya Maternal and Child Nutrition *Nawiri* Project**
- 1.5. Contract Number: **CSO-LA/2015/368-296**
- 1.6. Start date and end date of the reporting period: **1<sup>st</sup> May 2016 and 30<sup>th</sup> April 2019**
- 1.7. Target country(ies) or region(s): **Kenya, Siaya County - Gem, Bondo and Rarieda Sub Counties**
- 1.8. Final beneficiaries &/or target groups<sup>1</sup> (if different) (including numbers of women and men): **94,435 children under 5 years (U5), 127,065 women of reproductive age (WRA), 42,000 adolescent girls and 20,000 men in the Siaya county**
- 1.9. Country(ies) in which the activities take place (if different from 1.7): **N/A**



<sup>1</sup> “Target groups” are the groups/entities who will be directly positively affected by the project at the Project Purpose level, and “final beneficiaries” are those who will benefit from the project in the long term at the level of the society or sector at large.

<sup>2</sup> More pictures of the project can be found in Annex 5.

## 2. Assessment of implementation of Action activities

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### 2.1 Executive Summary of the Action

The *Nawiri* project reporting period covers May 2016 to April 2019. The project set out to accomplish four result areas, namely (ER1) advocacy for political commitment and increased investment in MIYCN; (ER2) capacity building of state and non-state actors to better respond to MIYCN needs; (ER3) sensitization and mobilization to empower communities; and (ER4) evidence building on nutrition, all in an effort to improve the nutrition of pregnant and lactating women, their children below 5 years and women of reproductive age.

After only three years of project implementation, achievements include **improved knowledge on nutrition** by both state and non-state actors including County Health Committee. Our advocacy efforts resulted in **steady increases in investment** towards Maternal, Infant and Young Child Nutrition (MIYCN) in the County budgets. Mobilizations have led to a **reduction in gender biases** within communities, improved knowledge on nutrition benefits and a positive **change in behaviour of the workforce** for nutrition. Furthermore, evidence building efforts enabled the activation of a **strong research committee** which organized the first ever County Health Conference on nutrition. The project also achieved most of its targets as shown in the logframe updates after the end-term evaluation (Annex 1). *Nawiri* was also able to reach most of its targeted beneficiaries as shown in the table below<sup>3</sup>:

Beneficiaries	3-Year Target	Annual Achievements			Total	% Achievem ent
		FY1	FY2	FY3		
Children under 5 years	94,435	1,724	69,051	37,024	107,799	114%
Women of Reproductive Age	127,055	22,317	78,729	32,474	133,520	105%
Adolescent Girls	42,000	728	17,730	13,517	31,975	76%
Men	20,000	6,617	22,166	10,298	39,081	195%

The project experienced some challenges beyond its control including prolonged electioneering period; delayed recruitment of executive committees hampered by continuous court cases barring nominees; setbacks that greatly affected advocacy plans with the political class; and health care worker strikes.

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<sup>3</sup> In the last half yearly update there was a mistake with the calculation of the beneficiaries reached. These are the final numbers.